



Photo credit: Beef. It's What's for Dinner, www.beefitswhatsfordinner.com

BEEF EYE ROUND

This value cut is very lean, which can be appealing to guests looking for beef that features less fat. Since the name "beef eye round" isn't very attractive, consider referring to it as a "choice cut" on your menu.

SPECIFICATIONS:

- No inside, bottom flat or heel meat is left on eye muscle





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